

# Professional Development

Behavior Specialist Services provides effective professional development and workshops to schools with a focus on classroom management, social-emotional development, behavior, crisis responses, and special education.

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## Trainings and Workshops for Teachers and School Personnel

Our trainings and workshops are grounded in research and designed to be user-friendly for educators and school staff. They can be conducted either in-person or remotely for convenience. Participants will receive resources that can be implemented immediately after the training, as well as a certificate of completion to satisfy their yearly units.

### Behavior Management Trainings

- Introduction to behavior management
- Interventions for students with ADHD/ADD
- Classroom accommodations for students with IEPs
- Promoting effective communication with students
- Responding to crisis interventions
- How to prevent and de-escalate behaviors with antecedent interventions
- Learning how to reduce challenging behaviors in the classroom
- Effective use of praise and reprimands to manage behaviors
- Classroom interventions to promote class engagement

### Social-Emotional Development Trainings

- Utilizing trauma response and care in schools to mitigate challenging behaviors
- Enhancing relationship building
- Mastering decision-making and problem-solving skills to address and prevent classroom behaviors
- Acquiring the skills to foster a positive climate in classrooms
- Developing self-control and emotion management skills when confronting challenging behaviors
- Promoting self-awareness
- Learning to identify anxiety and stress in children and providing support
- Understanding early childhood mental health and its implications
- Implementing mindfulness techniques to alleviate stress for educators

### Special Education Trainings

- Introduction to Special Education
- Understanding learning disabilities
- Early intervention in special education
- Referrals to Special Education
- The process for implementing effective behavior plans
- Mastering the development of defensible functional behavior assessments (FBA)
- Enhancing school-based consultation effectiveness
- Effective strategies for language acquisition in the classroom

